



## **Springwell FFY22 Title III Grants**

**October 1, 2021 – September 30, 2022**

Title III grants are distributed by Springwell to community agencies in accordance with the Older Americans Act. Title III-funded services are available to *adults aged 60 and older* who live in the following communities: Belmont, Brookline, Needham, Newton, Waltham, Watertown, Wellesley and Weston. *Please see the following page for more details about grantees.*

There are *no income guidelines or cost* for these services, but a voluntary, confidential donation is requested. Older adults interested in any of these services can call the agency directly.

If anyone has questions about these agencies or services, please contact Donlyn C. Cannella, Associate Director of Community Services at Springwell, at (617) 972-5615.

## **Grantee for Legal Assistance**

### **MetroWest Legal Services**

63 Fountain Street  
Suite 304  
Framingham, MA 01702  
(800) 696-1501

*Ask for "Intake for the Senior Citizens Legal Project"*

Stephen Matthews, Advocacy Director/Program Director

Communities covered by the Springwell grant: Belmont, Brookline, Needham, Newton, Waltham, Watertown, Wellesley, Weston

### **Legal representation, advice and counseling**

This program provides legal services to older adults in need. This includes full representation through individual casework as well as information and referral. Attorneys will work with consumers at the MetroWest Legal Services office, a local Council on Aging (COA), the consumer's home, and/or by phone. *If you are calling on behalf of an older adult, please be sure to request the Springwell Senior Citizens Legal Project when speaking with the Intake Worker.*

MetroWest Legal Services also offers legal advice at Legal Clinics held at several COAs in the Springwell service area. Consumers should call their COA directly for the latest information.

## **Grantees Serving Older Adults with Diverse Language Needs**

### **Newton Housing Authority**

82 Lincoln Street  
Newton, MA 02461  
617-552-5501 x140

Rebecca Camargo, Director of Resident Services

Communities covered by the Springwell grant: Newton only

### **Outreach and Information & Assistance for Chinese and Russian elders**

This program provides social/recreation events, community-based resources and access to benefits information specifically for Russian, Cantonese and Mandarin-speaking residents aged 60 and older. Consumers may contact the Newton Housing Authority directly to learn more about the *Cross Cultural Outreach and Engagement Program*.

**Please note:** This program may be helpful for older adult residents in Newton Housing who are experiencing social isolation due to language and/or cultural barriers.

### **Greater Boston Chinese Golden Age Center**

75 Kneeland Street, Suite 204  
Boston, MA 02111  
617-357-0226

Megan Cheung, Clinical Director and Lili Mei, Outreach Worker

Communities covered by the Springwell grant: Belmont, Brookline, Needham, Newton, Waltham, Watertown, Wellesley & Weston

### Outreach and Information & Assistance for Chinese elders

This program provides outreach, assistance with applications for health insurance and government benefits, language assistance, and social/cultural events for Mandarin and Cantonese-speaking older adults (aged 60+) in the Springwell area. Consumers may contact GBCGAC directly for latest information about the *Springwell Asian Elder Outreach Program*.

### Chronic Disease Self-Management Program

This program is two Chronic Disease Self-Management Program workshops in Chinese to Chinese-speaking older adults. The workshops are designed to help people gain self-confidence in their ability to control their symptoms in their daily living. The workshops will address both the physical and mental health impact on Asian older adults.

### **Healthy Waltham**

510 Moody Street

Waltham, MA 02453

781-314-5647

Maria DiMaggio, Operations Director

Communities covered by the Springwell grant: Waltham Only

### Outreach and Inclusion for Latinx Seniors in Waltham

This program is providing outreach to Spanish-speaking seniors in Waltham, including providing Spanish-language assistance and referrals, collaborating with other providers and agencies serving Spanish-speaking seniors, and developing new programming. Consumers may contact the Waltham Council on Aging directly for more information.

### **Grantee for Computer Education**

### **Healthy Waltham**

510 Moody Street

Waltham, MA 02453

781-314-5647

Maria DiMaggio, Operations Director

Communities covered by the Springwell grant: Waltham Only

### Welcome to the Digital Age

This program provides free computers, a year of free home wifi connections, and training to use both to low-income older adults in Waltham. A new class will be offered in May. Contact the Waltham Council on Aging for information.