

# Springwell Breakfast Menu

## Linden & Chambers - APRIL 2024

Breakfast is served Saturday, Sunday, and Holidays at 9:30 a.m. to 10:30 a.m.

Breakfast reservations must be made by 11 a.m. on the Wednesday before the weekend of service.

**To register and/or reserve a meal, call 617-972-5700 press 3 and**  
leave a voicemail with your name, phone number & the day you wish to reserve for.

[You must make a reservation with Springwell before attending the meal.](#)

SATURDAY	SUNDAY	HOLIDAYS
<b>APRIL 6TH</b> Cranberry Juice Total Cereal American Cheese Low Sodium Ham Multigrain Bread Peanut Butter	<b>APRIL 7TH</b> Low Sodium Tomato Juice All Bran Wheat Cereal Boiled Egg Blueberry Muffin Carnation Instant Breakfast	<b>Breakfast reservations must be made by 11 a.m. Tuesdays before the weekend of service. To register and/or reserve a meal, call 617-972-5700</b>
<b>APRIL 13TH</b> Cranberry Juice Oatmeal Wheat Bagel Peanut Butter Fresh Fruit	<b>APRIL 14TH</b> Citrus Fruit Cup Fiber One Cereal Cottage Cheese 2 Waffles Syrup	<b>APRIL 15TH PATRIOTS' DAY HOLIDAY</b> Orange/Pineapple Juice Total Cereal Sliced Cheese Low Sodium Ham English Muffin Carnation Instant Breakfast
<b>APRIL 20TH</b> Apple Juice Cheerios Cheese Omelet 2 Slices Whole Wheat Bread Peanut Butter	<b>APRIL 21ST</b> Fruit Cup All Bran Wheat Cereal Cottage Cheese 2 Waffles Syrup	
<b>APRIL 27TH</b> Low Sodium Tomato Juice Total Cereal English Muffin Peanut Butter Carnation Instant Breakfast	<b>APRIL 28TH</b> Cranberry Juice Oatmeal Boiled Egg Wheat Bagel Cream Cheese	Please pick up your weekend breakfast meals every Friday by 12p.m. <b>LS = LOW SODIUM</b>
		<b>\$2.50 SUGGESTED DONATION</b>  Each breakfast is served with Milk & Margarine.