

Springwell Breakfast Menu Morse Apartments - NOVEMBER 2021

Due to COVID-19 Breakfast weekend meals will continue as take-out only

HOLIDAYS	SATURDAY	SUNDAY
<p>\$2.00 SUGGESTED DONATION</p> <p>Each breakfast is served with Milk & Margarine</p>	<p>NOVEMBER 6TH Apple Juice Cheerios Cheese Omelet 2 Slices Whole Wheat Bread Peanut Butter</p>	<p>NOVEMBER 7TH Fruit Cup All Bran Wheat Cereal Cottage Cheese 2 Waffles Syrup</p>
<p>Breakfast reservations must be made by 11 a.m. Tuesdays before the weekend of service. To register and/or reserve a meal, call 617-735-7588</p>	<p>NOVEMBER 13TH Low Sodium Tomato Juice Total Cereal English Muffin Peanut Butter Carnation Instant Breakfast</p>	<p>NOVEMBER 14TH Cranberry Juice Oatmeal Boiled Egg Wheat Bagel Cream Cheese</p>
<p>Please pick up your weekend breakfast meals every Friday by 12p.m.</p> <p>LS = LOW SODIUM</p>	<p>NOVEMBER 20TH Fresh Orange Cream of Wheat Yogurt Boiled Egg Blueberry Muffin</p>	<p>NOVEMBER 21ST Fresh Banana Cheerios Low Sodium Ham Sliced Cheese 2 Slices Wheat Bread Carnation Instant Breakfast</p>
	<p>NOVEMBER 27TH Cranberry Juice Total Cereal Cheese Omelet 2 Slices Oatmeal Bread Carnation Instant Breakfast</p>	<p>NOVEMBER 28TH Fresh Orange Oatmeal Vanilla Yogurt Apple Turnover</p>