

Springwell Breakfast Menu

Morse Apartments - MARCH 2024

Due to COVID-19 Breakfast weekend meals will continue as take-out only

SATURDAY	SUNDAY	HOLIDAYS
MARCH 2ND Fresh Banana Cheerios Low Sodium Ham Sliced Cheese 2 Slices Wheat Bread Carnation Instant Breakfast	MARCH 3RD Cranberry Juice Total Cereal Cheese Omelet 2 Slices Oatmeal Bread Carnation Instant Breakfast	
MARCH 9TH Fresh Orange Oatmeal Vanilla Yogurt Apple Turnover	MARCH 10TH Orange/Pineapple Juice Cheerios English Muffin Peanut Butter Jelly Fresh Fruit	Breakfast reservations must be made by 11 a.m. Tuesdays before the weekend of service. To register and/or reserve a meal, call 617-735-7588
MARCH 16TH Citrus Fruit Cup All Bran Wheat Cereal Cottage Cheese Wheat Bagel	MARCH 17TH Low Sodium Tomato Juice Fiber One Cereal Boiled Egg Muffin Carnation Instant Breakfast	
MARCH 23RD Fresh Fruit Cup Oatmeal Cottage Cheese 2 Slices French Toast Syrup	MARCH 24TH Orange/Pineapple Juice Cream of Wheat Boiled Egg Bran Muffin Carnation Instant Breakfast	Please pick up your weekend breakfast meals every Friday by 12p.m. LS = LOW SODIUM
MARCH 30TH Fresh Fruit Cheerios Cottage Cheese 2 Pancakes Syrup	MARCH 31ST Orange Juice Oatmeal Wheat Bagel Peanut Butter Fresh Fruit	\$2.50 SUGGESTED DONATION Each breakfast is served with Milk & Margarine