

Springwell Nutrition Department

Woodland Towers – DECEMBER 2023 Weekend Lunch Menu

Due to COVID-19 Breakfast weekend meals will continue as take-out only

SATURDAY	SUNDAY	HOLIDAY
DECEMBER 2ND Honey Grilled Chicken Macaroni & Cheese Broccoli Rye Bread Pineapple Tidbits	DECEMBER 3RD Meatloaf w/Brown Gravy O'Brien Potatoes Zucchini and Tomatoes Wheat Bread Butterscotch Pudding/Topping	Weekend Lunch reservations must be made by 11 a.m. Tuesdays before the weekend of service. To register and/or reserve a meal, call 617-923-2769 or speak with site staff.
DECEMBER 9TH Beef Stew Boiled Potatoes Green Beans Multigrain Bread Fruit Cocktail	DECEMBER 10TH Ham w/Raisin Sauce Mashed Yams Spinach Wheat Roll Oatmeal Raisin Cookie	
DECEMBER 16TH Turkey w/Brown Gravy Whipped Potatoes Broccoli/Cauliflower White Bread Tropical Fruit	DECEMBER 17TH Oven Fried Chicken w/Brown Gravy Sweet Potato Casserole Green Beans Rye Bread Gingerbread w/Whipped Topping	\$2.50 SUGGESTED DONATION Please pick up your weekend lunch meals every Friday by 11 a.m.
DECEMBER 23RD Hamburger Steak w/Brown Gravy Lyonnais Potatoes Mixed Vegetables Rye Bread Mandarin Oranges	DECEMBER 24TH BBQ Chicken Fluffy Whipped Potatoes Peas and Carrots Rye Bread Fresh Orange	DECEMBER 25TH CHRISTMAS HOLIDAY Ziti w/Meatballs Broccoli Italian Bread Chocolate Cake
DECEMBER 30TH Breaded Fish Sandwich on a Hamburger Roll/Tartar Sauce Crispy Potatoes Carrots Seasonal Fruit	DECEMBER 31ST Salisbury Steak w/Brown Gravy Whipped Potatoes Spinach Wheat Roll Frosted Cake	<u>Chilled Meal Re-Heating Instructions</u> Conventional oven <ul style="list-style-type: none"> ○ Eat or refrigerate immediately. ○ Reheat in oven at 350 degrees for 10-20 minutes. Microwave oven <ul style="list-style-type: none"> ○ Reheat in microwave on high for 2 to 3 minutes ○ Peel back corner to vent Do not reheat in toaster oven.