

Springwell Nutrition Department

Woodland Towers – APRIL 2024 Weekend Lunch Menu

SATURDAY	SUNDAY	HOLIDAY
APRIL 6TH Salisbury Steak w/Brown Gravy Whipped Potatoes Spinach Wheat Roll Frosted Cake	APRIL 7TH Lasagna Casserole Wax Beans Cauliflower/Peppers Multigrain Bread Snicker Doodle Cinnamon Cookie	Weekend Lunch reservations must be made by 11 a.m. Tuesdays before the weekend of service. To register and/or reserve a meal, call 617-923-2769 or speak with site staff.
APRIL 13TH Spaghetti w/Meatball Cauliflower/Peppers Multigrain Bread Snicker Doodle Cinnamon Cookie	APRIL 14TH Turkey w/Brown Gravy Garlic Whipped Potatoes Mixed Vegetables Wheat Roll Chilled Diced Peaches	APRIL 15TH PATRIOTS' DAY HOLIDAY American Chop Suey Beets Italian Bread Brownie
APRIL 20TH Honey Grilled Chicken Macaroni & Cheese Broccoli Rye Bread Pineapple Tidbits	APRIL 21ST Meatloaf w/Brown Gravy O'Brien Potatoes Zucchini and Tomatoes Wheat Bread Butterscotch Pudding/Topping	
APRIL 27TH Beef Stew Boiled Potatoes Green Beans Multigrain Bread Fruit Cocktail	APRIL 28TH Ham w/Raisin Sauce Mashed Yams Spinach Wheat Roll Oatmeal Raisin Cookie	\$2.50 SUGGESTED DONATION Please pick up your weekend lunch meals every Friday by 11 a.m.
		<u>Chilled Meal Re-Heating Instructions</u> Conventional oven <ul style="list-style-type: none"> ○ Eat or refrigerate immediately. ○ Reheat in oven at 350 degrees for 10-20 minutes. Microwave oven <ul style="list-style-type: none"> ○ Reheat in microwave on high for 2 to 3 minutes ○ Peel back corner to vent Do not reheat in toaster oven.