# Senior Farmers' Market Coupon Distribution

If you are interested in a coupon, please call one of the following numbers during the specified dates to sign up. The number of coupons is limited and not guaranteed.

### Newton

Coupons will be distributed on Wednesday, August 16<sup>th</sup>, at 10:30am on a first come first serve basis. For any questions please call 617-796-1663

## Weston

Call Weston Council on Aging between August 1<sup>rd</sup> through August 5<sup>th</sup>.

781-786-6280

# **Watertown**

Call Springwell's Nutrition Department between August 8sth through August 12th. 617-972-5700 ext 1. Please leave a message with your name and phone number.

### **Belmont**

Call Belmont Council on Aging between August 8<sup>th</sup> through August 12<sup>th</sup>. 617-993-2970

### **Waltham- Clark Apartments**

Call Springwell's Nutrition Department between August 8<sup>sth</sup> through August 12<sup>th</sup>. 617-972-5700 ext 1. Please leave a message with

your name and phone number.

# **Waltham- Mill Apartments**

If interested in a coupon, please come to the Jackson room to sign up at the following times: Monday August 2<sup>nd</sup> 11:00am – 1:00pm Friday August 4<sup>th</sup> 1:00 – 3:00pm.

# Wellesley

Call Wellesley Council on Aging between August 1<sup>st</sup> through August 5<sup>th</sup>. 781-235-3961

### **Needham**

Call Needham Council on Aging between August 1<sup>st</sup> through August 5<sup>th</sup>. 781-455-7555

### **Brookline**

Call Springwell's Nutrition Department between August 8<sup>sth</sup> through August 12<sup>th</sup>. 617-972-5700 ext 1. Please leave a message with your name and phone number.

### Waltham

Call Waltham Council on Aging between August 1<sup>st</sup> through August 5<sup>th</sup>.

781-314-3499

To receive coupons, individuals must be 60 years of age or older, or have a disability and live in elder housing where they receive Springwell nutrition services. Individuals must be eligible for Section 8 Housing, Energy Assistance, or Medicaid. Individuals must live in Belmont, Brookline, Newton, Needham, Wellesley, Weston, Waltham, or Watertown to receive coupons from Springwell. Individuals can only receive one set of coupons per season. Coupons are limited in number and are not guaranteed.

In accordance with Federal civil rights law and U.S. Department of Agriculture ("USDA") civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

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To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: Program Manual, Fiscal Year 2017 Civil Rights, Page 3

http://www.ascr.usda.gov/complaint\_filing\_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

(1) mail: U.S. Department of Agriculture

Office of the Assistant Secretary for Civil Rights

1400 Independence Avenue, SW

Washington, D.C. 20250-9410;

(2) fax: (202) 690-7442; or

(3) email: program.intake@usda.gov.

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