



307 Waverley Oaks Road, Suite 205, Waltham, MA (617) 926-4100 [www.springwell.com](http://www.springwell.com)

Springwell, your local Area Agency on Aging, wants to hear from you!

**Do you need information or assistance with any of the following?**

**(Please circle your top 3 needs from the list below)**

- Access to social assistance services  
i.e. health insurance & other benefits
- Accessing educational programs for caregivers
- Finding work and/or volunteer opportunities
- Integrating into the community as a LGBTQ+ individual
- Managing finances
- Accessing health care i.e. medical, dental, etc.
- Securing affordable housing
- Using digital technology
- Overcoming language and/or communication barriers
- Securing home care services
- Accessing home safety modifications
- Finding support group(s)
- Respite from caregiving
- Other, please explain:
- Accessing affordable housing
- Removing clutter
- Securing legal services
- Accessing transportation to medical appointments
- Accessing transportation to social events
- Coping with memory loss/confusion
- Preparing nutritious meals
- Accessing healthy foods/meals
- Accessing affordable counseling services
- Coping with alcohol, tobacco or other substance use
- Finding support group(s)
- Respite from caregiving
- Coping with abuse, neglect or exploitation
- Removing clutter

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## Please tell us a little bit about yourself

### 1) Please circle the community you live in

- ☐ Belmont
- ☐ Brookline
- ☐ Needham
- ☐ Newton
- ☐ Wellesley
- ☐ Weston
- ☐ Waltham
- ☐ Watertown
- ☐ Other

### 2) Please circle your gender identity

- ☐ Male
- ☐ Female
- ☐ Male-to-female (MTF)/transgender female/trans woman
- ☐ Prefer not to answer
- ☐ Female-to-male (FTM)/transgender male/trans man
- ☐ Genderqueer, neither exclusively male nor female
- ☐ Other

### 3) Please circle your sexual orientation

- ☐ Homosexual or Straight
- ☐ Lesbian, Gay or Homosexual
- ☐ Bisexual
- ☐ Not Sure
- ☐ Other
- ☐ Prefer not to answer

### 4) Please circle your age range

- ☐ Under 60
- ☐ 60-74
- ☐ 75-84
- ☐ 85+

### 5) Please circle all that apply as what best describes your ethnic, racial or cultural identity

- ☐ Caucasian/White
- ☐ Black
- ☐ Asian
- ☐ Other:
- ☐ Latino
- ☐ Native Hawaiian/Pacific Islands
- ☐ American Indian/Alaskan Native
- ☐ Hispanic

### 6) Please circle your primary language

- ☐ English
- ☐ Spanish
- ☐ Portuguese
- ☐ Cantonese or Mandarin
- ☐ Russian
- ☐ Haitian Creole
- ☐ Italian
- ☐ Farsi
- ☐ French
- ☐ Polish
- ☐ Armenian
- ☐ Not listed, please specify:

### 7) Please circle your annual (individual) income

- ☐ Below \$25,000
- ☐ Above \$25,000
- ☐ Unsure

THANK YOU FOR YOUR TIME!